



Free / Low Cost Meals
RURAL NORTH GRENVILLE
SEPT-DEC 2026

PROGRAM	DETAILS	ADDRESS / CONTACT
Friendship Luncheon	Every Friday 11:30am-1:00pm Free lunch is served. Good will offering accepted	St.John's United Church 400 Prescott St. Kemptville 613-258-3259
Friendship Cafe	Tuesdays 10am-12:00pm. Drop in cafe with coffee/tea, treats, friendship, and conversation	St.John's United Church 400 Prescott St. Kemptville 613-258-3259
Dinner on the House House of Lazarus	Sit down, free meal, open to everyone, every Thursday between 4:00pm and 7:00pm. The dinner is a drop in style with no appointment needed.	Winchester United Church 519 St Lawrence St. Winchester 613-989-3830
Lunch and Learn House of Lazarus	These events are held from September to November and from January to June. Location changes from month to month. Call for more information. Events start at 11am and end at 1pm. They include lunch, as well as education &/or presentation. While this event is free, registration is required.	Community Hub and Warming Centre 22 High Street, Morrisburg 613-989-3830
Drop-In Centres House of Lazarus	Two weekly morning drop-in centers in Dundas County serving free breakfast: Mondays in Morrisburg 8:30am to 11:00am and Wednesdays in Winchester 8:30am to 11:00am	Community Hub and Warming Centre 22 High St., Morrisburg 613-989-3830 Winchester United Church 519 St.Lawrence St., Winchester
North Grenville Community Meal	Every Tuesday evening from 4pm-6:30pm. Free or by donation	Private Blake Williamson Memorial Hall / Armoury 25 Reuben Crescent, Kemptville NGCMAssociation@gmail.com

Information subject to change without notice.
For more information contact foodbanksunited@gmail.com