



Lunch Process for

HUNGER HERO

What to expect:

- Lunch typically consists of soup, a hot main dish, coffee or tea and dessert.
- Hunger Hero teams sponsor the ingredients for soup, meal, and dessert.
- The cook will planning your meal and make sure the ingredients are ready for your team.
- Preparation and cooking begins between 8:30-9:00am.
- Lunch is served to clients FOR FREE from 12:00-1:45pm.
- Lunch must be ready by 11:30am. Volunteers/Staff may *purchase* a meal and eat between 11:30-12:00
- Tasks include: cutting/preparing vegetables, cooking/preparing the entire meal, placing food in steam table, serving food by putting onto trays for clients, bringing dishes into the kitchen, washing dishes and running dishwasher, cleaning tables and floors after lunch is complete.
- You will be guided by our cook and possibly some of our regular volunteers.

What we need from you:

- 3-5 people are required to perform all of the preparing and serving functions during lunch. At least 2 Agapè Centre staff/volunteers will be on-hand to guide and assist.
- Please ensure everyone working in the kitchen wear a hairnet at all times (these are provided). Gloves are also available for use when necessary
- Hand washing often is required by the Health Unit. The designated sink is to the far left of the stove
- For safety and professionalism, we ask that you follow our dress code: close-toed shoes , sleeves should not hang or be too loose, shorts/skirts should be no shorter than 3 inches above the knee, and shoulder straps on shirts must be at least 2 fingers wide.
- Aprons, hairnets and gloves are provided

Thank you for your wonderful contribution to the Agapè Centre!